

September 2026

Lunch

Barnstable St. John Paul II School Preparatory Division, MA



Contact Information

Nancy Dias

diasn@whitsons.com

www.whitsons.com

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Mon 31	Tue 01	Wed 02	Thu 03	Fri 04
No Menu Available	Incredibowls General Tso's Chicken Applesauce Celery	Pasta with Meat Sauce WG Garlic Texas Toast Caesar Salad	Classic Cheese Pizza Pepperoni Pizza Grape Tomatoes Carrot Sticks	No Menu Available
Mon 07	Tue 08	Wed 09	Thu 10	Fri 11
No Menu Available	Bacon Cheeseburger Sweet Potato Fries Sweet Corn	Homemade Mac & Cheese WG Garlic Texas Toast Caesar Salad	Chicken & Cheese Quesadilla Sauteed Corn & Black Bean Salsa Sour Cream PC	Classic Cheese Pizza Pepperoni Pizza Baby Carrots
Mon 14	Tue 15	Wed 16	Thu 17	Fri 18
Dutch Waffles Sausage Patty Cinnamon Flavored Apples Syrup	Nachos Grande Sauteed Corn & Black Bean Salsa Sour Cream	Cheese Tortellini with Tomato Sauce WG Garlic Texas Toast Cucumber Coins	Chicken Corn Dog Oven Baked Fries Mixed Vegetables	Classic Cheese Pizza Pepperoni Pizza Caesar Salad
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
Cinnamon French Toast Sticks Sweet Potato Fries Sweet Corn	Bacon Cheeseburger Oven Baked Fries Mixed Vegetables	Chicken & Broccoli Alfredo Caesar Salad Sliced Peaches	Grilled Cheese Sandwich Meltdown Café Oven Baked Fries Sweet Corn Chickpea Salad	Not-A-Nut Butter & Jelly Sandwich String Cheese Fresh Apple
Mon 28	Tue 29	Wed 30	Thu 01	Fri 02
Beef Hot Dog on Bun Sweet Potato Fries Baked Beans	Herb Roasted Chicken Brown Rice Sweet Corn	Homemade Pesto Pasta with Chicken WG Garlic Texas Toast Carrot Sticks	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

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Breakfast

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Mon 31	Tue 01	Wed 02	Thu 03	Fri 04
No Menu Available	Fruity Parfait Sausage, Egg and Cheese Sandwich	Whole Grain Bagel with Cream Cheese Sausage, Egg and Cheese Sandwich	Sausage, Egg and Cheese Sandwich Homemade Chocolate Chip Muffins	No Menu Available
Mon 07	Tue 08	Wed 09	Thu 10	Fri 11
No Menu Available	Sausage, Egg and Cheese Sandwich Fruity Parfait	Whole Grain Bagel with Cream Cheese Sausage, Egg and Cheese Sandwich	WW Honey Bun Sausage, Egg and Cheese Sandwich	Homemade Chocolate Chip Muffins Sausage, Egg and Cheese Sandwich
Mon 14	Tue 15	Wed 16	Thu 17	Fri 18
Strawberry Mini Bagel Sausage, Egg and Cheese Sandwich	Whole Grain French Toast Slices Whole Grain Bagel with Cream Cheese	Ham & Cheese Bagel Melt Fruity Parfait	Sausage, Egg and Cheese Sandwich Cinnamon Bun	Homemade Chocolate Chip Muffins Sausage, Egg and Cheese Sandwich
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
WG Cherry Muffin Sausage, Egg and Cheese Sandwich	Banana Chocolate Chip Oatmeal Round Homemade Blueberry Muffins	Fruity Parfait Sausage, Egg and Cheese Sandwich	Cinnamon Bun Strawberry Mini Bagel	Homemade Chocolate Chip Muffins Egg and Cheese Sandwich
Mon 28	Tue 29	Wed 30	Thu 01	Fri 02
Cinnamon Bun Sausage, Egg and Cheese Sandwich	Fruity Parfait Homemade Blueberry Muffins	WG Cherry Muffin Sausage, Egg and Cheese Sandwich	No Menu Available	No Menu Available

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