



Contact Information

Nancy Dias

[diasn@whitsons.com](mailto:diasn@whitsons.com)

[www.whitsons.com](http://www.whitsons.com)

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\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

This institution is an equal opportunity provider,

Monday 30	Tuesday 31	Wednesday01	Thursday 02	Friday 03
No Menu Available	No Menu Available	Homemade Pesto Pasta with Chicken WG Garlic Texas Toast Sweet Corn	Not-A-Nut Butter & Jelly Sandwich <i>Light Mozzarella Cheese Stick</i>	Location Closed

Monday 06	Tuesday 07	Wednesday08	Thursday 09	Friday 10
Cinnamon French Toast Sticks Sweet Potato Fries	Crispy Chicken Drumstick Baked Potato Wedges Steamed Broccoli	Pasta with Meat Sauce WG Garlic Texas Toast Steamed Peas	Beef Hot Dog on Bun Oven Baked Fries Baked Beans	Classic Cheese Pizza Pepperoni Pizza Caesar Salad

Monday 13	Tuesday 14	Wednesday15	Thursday 16	Friday 17
Chicken and Waffles Sweet Potato Fries Syrup	Nachos Grande Sauteed Corn & Black Bean Salsa Sour Cream	Homemade Mac & Cheese WG Garlic Texas Toast Steamed Broccoli	Incredibowls General Tso's Chicken	Classic Cheese Pizza Pepperoni Pizza Caesar Salad

Monday 20	Tuesday 21	Wednesday22	Thursday 23	Friday 24
Location Closed	Location Closed	Location Closed	Location Closed	Location Closed

Monday 27	Tuesday 28	Wednesday29	Thursday 30	Friday 01
Bacon Cheeseburger Sweet Potato Fries Carrot Sticks	Chicken & Cheese Quesadilla Sauteed Corn & Black Bean Salsa	Pasta with Meat Sauce WG Garlic Texas Toast Carrot Sticks	Grilled Cheese Sandwich Meltdown Café Sweet Potato Fries Celery	No Menu Available

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<p><b>Monday 30</b></p> <p>No Menu Available</p>	<p><b>Tuesday 31</b></p> <p>No Menu Available</p>	<p><b>Wednesday01</b></p> <p>Whole Grain French Toast Slices</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Orange</p> <p>Fresh Banana</p>	<p><b>Thursday 02</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Apple</p> <p>100% Apple</p>	<p><b>Friday 03</b></p> <p>Location Closed</p>
<p><b>Monday 06</b></p> <p>Banana</p> <p>Chocolate Chip Oatmeal Round</p> <p>Blueberry Muffin</p> <p>Fresh Apple</p>	<p><b>Tuesday 07</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Banana</p> <p>100% Apple</p>	<p><b>Wednesday08</b></p> <p>Whole Grain Pancakes with Sausage</p> <p>Cinnamon Nutri-Grain Bar</p> <p>Fresh Apple</p> <p>Fresh Banana</p> <p>Syrup</p>	<p><b>Thursday 09</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Cinnamon Nutri-Grain Bar</p> <p>Fresh Apple</p> <p>100% Apple Juice</p>	<p><b>Friday 10</b></p> <p>Homemade Chocolate Chip Muffins</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Orange</p> <p>100% Apple</p>
<p><b>Monday 13</b></p> <p>Banana</p> <p>Chocolate Chip Oatmeal Round</p> <p>Blueberry Muffin</p> <p>Fresh Apple</p> <p>Fresh Banana</p>	<p><b>Tuesday 14</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Apple</p> <p>Fresh Banana</p>	<p><b>Wednesday15</b></p> <p>Strawberry Mini Bagel</p> <p>Chocolate Banana Oatmeal</p> <p>Fresh Banana</p> <p>100% Apple Juice</p>	<p><b>Thursday 16</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Cinnamon Nutri-Grain Bar</p> <p>Fresh Banana</p>	<p><b>Friday 17</b></p> <p>Homemade Chocolate Chip Muffins</p> <p>Whole Grain Bagel with Cream Cheese</p>
<p><b>Monday 20</b></p> <p>Location Closed</p>	<p><b>Tuesday 21</b></p> <p>Location Closed</p>	<p><b>Wednesday22</b></p> <p>Location Closed</p>	<p><b>Thursday 23</b></p> <p>Location Closed</p>	<p><b>Friday 24</b></p> <p>Location Closed</p>
<p><b>Monday 27</b></p> <p>Chocolate Banana Oatmeal</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Apple</p> <p>100% Apple</p>	<p><b>Tuesday 28</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Cinnamon Nutri-Grain Bar</p> <p>Fresh Apple</p> <p>100% Apple Juice</p>	<p><b>Wednesday29</b></p> <p>Whole Grain French Toast Slices</p> <p>Whole Grain Bagel with Cream Cheese</p> <p>Fresh Apple</p> <p>100% Apple Juice</p>	<p><b>Thursday 30</b></p> <p>Sausage, Egg and Cheese Sandwich</p> <p>Cinnamon Nutri-Grain Bar</p> <p>Fresh Apple</p> <p>Fresh Banana</p> <p>100% Apple</p>	<p><b>Friday 01</b></p> <p>No Menu Available</p>

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