



St. John Paul II Intermediate School Breakfast

January 2026

All Grains Offered
Are Whole Grains

Meal Prices
Meals for Students
are Free

Monday	Tuesday	Wednesday	Thursday	Friday
			1 No School	2 No School
5 Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	6 Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	7 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	8 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	9 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
12 Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	13 French Toast Sticks Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. Low Sugar Cereal Mozzarella String Cheese	14 Egg, Sausage, & Cheese Croissant Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	15 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	16 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
19 No School	20 Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	21 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	22 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	23 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
26 Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	27 French Toast Sticks Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. Low Sugar Cereal Mozzarella String Cheese	28 Egg, Sausage, & Cheese Croissant Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	29 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	30 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese

This institution is an equal opportunity provider.

Menus are subject to change
1
2
Please Click Links Below for Nutrition Information on Daily Options:

100% Fruit Juice

Fresh Fruit

Milk

Pay for meals on-line. Click on Link Below:



Please advise us if special meal accommodations are required for allergens or other special dietary needs.



WE ARE HIRING

Barnstable Public Schools is looking for reliable, hard working, Kitchen staff. This is an ideal job for parents with children in the school system. Please contact Nancy Dias, 617-797-5754 to set up an interview.



St. John Paul II School Grades 5-8 Lunch

January 2026

All Grains Offered
Are Whole Grains



Menus are subject to change

Meal Prices

Meals for
Students are
Free

Adult Breakfast \$3.00

Adult Lunch \$5.00

Please Click [Milk](#) \$1.50 Below for
Nutrition Information on
Daily Options:

[Fresh Fruit](#) [Milk](#)

Pay for meals on-
line. Click on Link
Below:



Harvest of the Month:
Cabbage



Click on the image above for more info on
the Harvest of the Month!

Please advise us if special
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required for allergens or
other special dietary
needs.

 
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the school system. Please
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interview.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 No School	2 No School
5 Sweet & Spicy General Tso Chicken Chicken Fried Rice Fresh Carrot Sticks Fresh Creamy Coleslaw	6 Beef Nachos Supreme Garden Fresh Salsa Black Bean & Corn Salad Fresh Carrot Sticks Cabot Sour Cream	7 Spaghetti w/ Meat Sauce Dinner Roll Tossed Garden Salad Fresh Cucumber Sticks	8 Chicken Teriyaki Rice Bowl Cherry Tomato & Corn Salad Fresh Carrot Sticks	9 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad
12 Chicken Burrito Black Bean & Corn Salad Garden Fresh Salsa Cabot Sour Cream	13 Bag Lunch Extravaganza    EARLY DISMISSAL	14 Bag Lunch Extravaganza    EARLY DISMISSAL	15 Bag Lunch Extravaganza    EARLY DISMISSAL	16 Bag Lunch Extravaganza    EARLY DISMISSAL
No School	20 Meatball Sub (Beef Meatballs, Seasoned Marinara in a Bun. Roasted Potato Wedges Steamed Green Peas	21 Tasty Chicken Alfredo w/Pasta Dinner Roll Steamed Broccoli Mixed Greens w/ Maple Vinaigrette	22 Oven Baked BBQ Chicken Dinner Roll Mashed Sweet Potato Seasoned Green Beans	23 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad
26 Chicken & Cheese Quesadilla Black Bean & Corn Salad Steamed Broccoli Garden Fresh Salsa Cabot Sour Cream	27 Grilled Cheese Sandwich Sweet Potato Fries Seasoned Green Beans	28 Creamy Macaroni & Cheese Steamed Green Peas Tomato & Cucumber Salad	29 BBQ Pulled Pork Sandwich Oven Baked Crinkle Cut French Fries Black Bean & Corn Salad Fresh Carrot Sticks	30 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad

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