The Abbey Group December 2025

St. John Paul II School Grades 5-8 Lunch

All Grains Offered Are Whole Grains

Menus are subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken & Cheese Quesadilla Black Bean & Corn Salad Steamed Broccoli Garden Fresh Salsa Cabot Sour Cream	2 Grilled Cheese Sandwich Sweet Potato Fries Seasoned Green Beans	3 Creamy Macaroni & Cheese Steamed Green Peas Tomato & Cucumber Salad	4 BBQ Pulled Pork Sandwich Oven Baked Crinkle Cut French Fries Black Bean & Corn Salad Fresh Carrot Sticks	5 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad
	Beef Nachos Supreme Fresh Carrot Sticks Black Bean & Corn Salad	9 Chicken & Cheese Fajita w/Onions & Peppers Black Bean & Corn Salad Garlic Roasted Garbanzo Beans	10 Savory Spaghetti w/ Meat Sauce Homemade Dinner Roll Mixed Greens w/ Maple Vinaigrette Steamed Green Peas Fresh Cucumber Sticks	Asian Chicken & Vegetable Dumpling Bowl w/Rice Pilaf & Vegetable Stir Fry Maple Glazed Carrots Mashed Sweet Potato	12 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Caesar Salad Fresh Carrot Sticks
	15 Buffalo Chicken Dip w/ Tortilla Chips Sweet Potato Fries Vegetarian Baked Beans	16 Grilled Cheese Sandwich Fresh Carrot Sticks Oven Baked Crinkle Cut French Fries	17 Tasty Chicken Alfredo w/Pasta Dinner Roll Steamed Broccoli Tossed Garden Salad	Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad Fresh Cucumber Sticks	19 Bag Lunch Extravaganza
ğ	22	23	24	25	26
14.6	No	No	No	No	No
	School	School	School	School	School
SC (200 S)	No	No No	No.		
	School	School	School	Happy	Holidays

This institution is an equal opportunity provider.

Meal Prices Meals for Students are Free

Adult Breakfast \$3.00 Adult Lunch \$5.00 Please CliMilki \$150Below for **Nutrition Information on Daily Options:**



Pay for meals online. Click on Link



Harvest of the Month: **Sweet Potato**



Click on the image above for more info on the Harvest of the Month!

Please advise us if special meal accommodations are required for allergens or other special dietary needs.

WE ARE HIRING

Barnstable Public Schools is looking for reliable, hard working, Kitchen staff. This is an ideal job for parents with children in the school system. Please contact Nancy Dias, 617-797-5754 to set up an interview.



St. John Paul II School 5-8 Breakfast

The Abbey Group December 2025

All Grains Offered Are Whole Grains

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	2 French Toast Sticks Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. Low Sugar Cereal Mozzarella String Cheese	Bgg, Sausage, & Cheese Croissant Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	4 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	9 Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	10 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	11 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	12 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	17 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	18 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	19 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
22	23	24	25	26
No	No	No	No	No
School	School	School	School	School
29	30	31	0	
No	No	No	* Happy *	
School	School	School	Holidays	

This institution is an equal opportunity provider.

Meal Prices

Meals for Students are Free

Adult Breakfast \$3.00 Adult Lunch \$5.00 Milk \$.50

Please Click Links Below for **Nutrition Information on Daily Options:**

100% Fruit Juice

Pay for meals on-line. Click on Link Below:



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