



St. John Paul II 5-8 School Breakfast November 2025

All Grains Offered
Are Whole Grains

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 French Toast Sticks Bagel w/ Cream Cheese Asst. Low Sugar Cereal Maple Breakfast Syrup Mozzarella String Cheese	5 Egg, Sausage, & Cheese Croissant Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	6 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	7 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
10 Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	11 No School	12 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	13 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	14 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
17 Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	18 French Toast Sticks Bagel w/ Cream Cheese Asst. Low Sugar Cereal Maple Breakfast Syrup Mozzarella String Cheese	19 Egg, Sausage, & Cheese Croissant Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	20 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	21 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
24 Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	25 Chocolate Chip Breakfast Round IW Mighty Pumpkin Spice Muffin Asst. WG, Low Sugar Cereal Mozzarella String Cheese	26 Mighty Pumpkin Spice Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	27 No School	28 No School

Meal Prices Meals for Students are Free

Adult Breakfast \$3.00
Adult Lunch \$5.00
Milk \$.50

Please Click Links Below for
Nutrition Information on
Daily Options:

100% Fruit Juice

Fresh Fruit

Milk

Pay for meals on-line. Click
on Link Below:



Please advise us if special
meal accommodations are
required for allergens or
other special dietary
needs.



WE ARE HIRING
Barnstable Public Schools is
looking for reliable, hard
working, Kitchen staff. This
is an ideal job for parents
with children in the school
system. Please contact
Nancy Dias, 617-797-5754 to
set up an interview.

This institution is an equal opportunity provider.



St. John Paul II School Grades 5-8 Lunch

November 2025

All Grains Offered
Are Whole Grains

Menus are subject to change

Meal Prices

**Meals for
Students are
Free**

Adult Breakfast \$3.00

Adult Lunch \$5.00

Please Click Link Below for

Nutrition Information on
Daily Options:

Fresh Fruit

Milk

Pay for meals on-
line. Click on Link
Below:



Harvest of the Month:
Winter Squash



Click on the image above for more info on
the Harvest of the Month!

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Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 Grilled Cheese Sandwich Sweet & White Homefries Fresh Carrot Sticks	5 Tasty Chicken Alfredo w/Pasta Steamed Broccoli Tossed Garden Salad Dinner Roll	6 Chicken & Cheese Fajita w/Onions & Peppers Garden Fresh Salsa Cabot Sour Cream Fresh Cherry Tomatoes Black Bean & Corn Salad	7 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad
10 BBQ Pulled Pork Sandwich Sweet Potato Fries Fresh Creamy Coleslaw Garlic Roasted Garbanzo Beans	11 No School	12 Cheesy Ravioli Bake Tossed Garden Salad Fresh Cucumber Sticks Dinner Roll	13 Chicken Teriyaki Rice Bowl Cherry Tomato & Corn Salad Fresh Carrot Sticks	14 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad
17 Chicken Burrito Black Bean & Corn Salad Garden Fresh Salsa Cabot Sour Cream	18 Beefy Homemade Chili Dinner Roll Fresh Carrot Sticks Seasoned Green Beans	19 Spaghetti w/ Meat Sauce Dinner Roll Seasoned Green Beans Tossed Garden Salad Mixed Greens w/ Maple Vinaigrette	20 Oven Roast Turkey w/ Gravy Chef's Mashed Potato Turkey Gravy Steamed Green Peas Dinner Roll Hearty Stuffing Cranberry Sauce Giving Thanks Luncheon	21 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad
24 Cheeseburger Oven Baked Crinkle Cut French Fries Seasoned Green Beans	25 Sloppy Joe on a Bun (Ground Beef) Sweet Potato Fries Seasoned Green Beans	26 Bag Lunch Extravaganza  	27 No School	28 No School

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