



St. John Paul II School 5-8 Breakfast October 2025

**All Grains Offered
Are Whole Grains**



Menus are subject to change

Meal Prices

Meals for Students are Free

Adult Breakfast \$3.00

Adult Lunch \$5.00

Milk \$.50

Please Click Links Below for
Nutrition Information on
Daily Options:

100% Fruit Juice

Fresh Fruit

Milk

Pay for meals on-line. Click
on Link Below:



Please advise us if special
meal accommodations are
required for allergens or
other special dietary
needs.




WE ARE HIRING



Barnstable Public Schools
is looking for reliable, hard
working, Kitchen staff.

This is an ideal job for
parents with children in
the school system. Please
contact Nancy Dias, 617-
797-5754 to set up an
interview.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Banana Bread Slice Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	2 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	3 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese
	6 Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	7 French Toast Sticks Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. Low Sugar Cereal Mozzarella String Cheese	8 Egg, Sausage, & Cheese Croissant Banana Bread Slice Asst. WG, Low Sugar Cereal Mozzarella String Cheese	10 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
	13 No School	14 Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	15 Banana Bread Slice Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	16 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese
20 Chocolate Chip Breakfast Round IW Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese	21 French Toast Sticks Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. Low Sugar Cereal Mozzarella String Cheese	22 Egg, Sausage, & Cheese Croissant Banana Bread Slice Asst. WG, Low Sugar Cereal Mozzarella String Cheese	23 Egg & Cheese Stuffed Hashbrown Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	24 Chocolate Chip Muffin Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese
27 Chocolate Chip Breakfast Round IW Banana Bread Slice Asst. WG, Low Sugar Cereal Mozzarella String Cheese	28 Fluffy Pancakes Maple Breakfast Syrup Bagel w/ Cream Cheese Asst. WG, Low Sugar Cereal Mozzarella String Cheese	29 Banana Bread Slice Danimals Yogurt w/Cheese Stick & Granola Asst. WG, Low Sugar Cereal Mozzarella String Cheese	30 Egg, Sausage, & Cheese Croissant Apple Cinnamon Nutri Grain Bar Asst. WG, Low Sugar Cereal Mozzarella String Cheese	31 Chocolate Chip Muffin Strawberry Cream Cheese Bagel Mini Asst. WG, Low Sugar Cereal Mozzarella String Cheese

This institution is an equal opportunity provider.

St. John Paul II School Grades 5-8 Lunch

October 2025

All Grains Offered
Are Whole Grains

Meal Prices
**Meals for
Students are
Free**

Menus are subject to change

Monday		Tuesday		Wednesday		Thursday		Friday	
National School Lunch Week		 		1 Cheesy Ravioli Bake Dinner Roll Tossed Garden Salad Fresh Cucumber Sticks		2 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad		3 Bag Lunch Extravaganza  	
6 Chicken Burrito Garden Fresh Salsa Black Bean & Corn Salad Cabot Sour Cream		7 Sloppy Joe on a Bun (Ground Beef) Fresh Carrot Sticks Oven Baked Crinkle Cut French Fries Garlic Roasted Garbanzo Beans		8 Spaghetti w/ Meat Sauce Dinner Roll Seasoned Green Beans Tossed Garden Salad Mixed Greens w/ Maple Vinaigrette		9 French Toast Sticks Maple Breakfast Syrup Twin Sausage Links Fresh Carrot Sticks Local Sweet & White Homefries 		10 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad Steamed Green Peas	
13 No School		14 Meatball Sub (Beef Meatballs, Seasoned Marinara in a Bun) Sweet Potato Fries Garlic Roasted Garbanzo Beans		15 Tasty Chicken Alfredo w/Pasta Dinner Roll Seasoned Green Beans Tomato & Cucumber Salad		16 Bag Lunch Extravaganza  		17 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad Steamed Green Peas	
National School Lunch Week		National School Lunch Week		National School Lunch Week		National School Lunch Week		National School Lunch Week	
20 Chicken & Cheese Quesadilla Black Bean & Corn Salad Steamed Broccoli Garden Fresh Salsa Cabot Sour Cream		21 Grilled Cheese Sandwich Sweet Potato Fries Seasoned Green Beans		22 Creamy Macaroni & Cheese Steamed Green Peas Tomato & Cucumber Salad		23 BBQ Pulled Pork Sandwich Oven Baked Crinkle Cut French Fries Black Bean & Corn Salad Fresh Carrot Sticks		24 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad	
27 Cheeseburger Fresh Carrot Sticks Sweet Potato Fries Garlic Roasted Garbanzo Beans		28 Chicken & Cheese Fajita w/Onions & Peppers Black Bean & Corn Salad		29 Savory Spaghetti w/ Meat Sauce Homemade Dinner Roll Mixed Greens w/ Maple Vinaigrette Steamed Green Peas		30 Asian Chicken & Vegetable Dumpling Bowl w/Rice Pilaf & Vegetable Stir Fry Maple Glazed Carrots Mashed Sweet Potato		31 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Caesar Salad Fresh Carrot Sticks	

Adult Breakfast \$3.00
Adult Lunch \$5.00
Please Click on Link Below for Nutrition Information on

Daily Options:

Fresh Fruit

Milk

Pay for meals on-line. Click on Link Below:



Harvest of the Month:

Apples



Click on the image above for more info on the Harvest of the Month!

Please advise us if special meal accommodations are required for allergens or other special dietary needs.



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