



St. John Paul II School Grades 5-8 Lunch













March 2025

All Grains Offered
Are Whole Grains



Meal Prices
Meals for Students are Free

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Buffalo Chicken Dip w/ Tortilla Chips Maple Baked Beans Fresh Carrot Sticks</p> 	<p>4 Asian Chicken & Vegetable Dumpling Bowl w/Rice Pilaf & Vegetable Stir Fry Black Bean & Corn Salad Fresh Carrot Sticks</p>	<p>5 Chicken Alfredo w/Pasta Steamed Green Peas Tossed Garden Salad Dinner Roll</p>	<p>6 Waffles W/Fruit Topping Maple Breakfast Syrup Fresh Cherry Tomatoes Fresh Carrot Sticks Sausage Links</p>	<p>7 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad</p>
<p>10 Chicken & Cheese Fajita Garden Salsa Cabot Sour Cream Roasted Potato Wedges Fresh Carrot Sticks</p>	<p>11 Oven Baked BBQ Chicken Roasted Potato Wedges Seasoned Green Beans Fresh Carrot Sticks Black Bean & Corn Salad Dinner Roll</p> 	<p>12 Cheesy Ravioli Bake Tossed Garden Salad Seasoned Green Beans Dinner Roll</p>	<p>13 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad</p>	<p style="text-align: center;">No School</p>
<p style="text-align: center;">No School</p>	<p>17 Cheesy Breadsticks. Marinara Dipping Sauce Steamed Broccoli Fresh Carrot Sticks Maple Applesauce Cup</p>  <p style="text-align: center;">Maple Fest Week</p>	<p>18 Spaghetti w/ Meat Sauce Maple Dill Carrots Tossed Garden Salad Dinner Roll</p>  <p style="text-align: center;">Maple Fest Week</p>	<p>19 French Toast Sticks Maple Breakfast Syrup Roasted Potato Wedges Fresh Carrot Sticks Twin Sausage Links</p>  <p style="text-align: center;">Maple Fest Week</p>	<p>20 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Mixed Greens w/ Maple Vinaigrette Black Bean & Corn Salad</p>  <p style="text-align: center;">Maple Fest Week</p>
<p>24 Dress Your Own Hot Dog Fresh Cucumber Sticks Sweet Potato Fries Maple Baked Beans</p>	<p>25 Breaded Chicken Drumstick Roasted Potato Wedges Fresh Carrot Sticks Seasoned Green Beans Homemade Dinner Roll</p>	<p>26 Creamy Macaroni & Cheese Seasoned Green Beans Fresh Carrot Sticks Dinner Roll</p>	<p>27 Cheese Pizza Fresh Hot Pepperoni Pizza Fresh Hot Veggie Pizza Tossed Garden Salad Black Bean & Corn Salad</p> 	<p>28 Bag Lunch Extravaganza</p>  
<p>31 BBQ Pulled Pork Sandwich Steamed Broccoli Fresh Celery Sticks</p> 	<p>Maple Syrup Fun Facts</p> <ul style="list-style-type: none"> It takes 40 gallons of sap to make one gallon of syrup. Although modern technology has simplified the process, it still takes a lot of time and work, which is why real maple syrup is more expensive. Maple syrup is graded according to its color. Grade A syrups are harvested early in the season. They have a mild flavor and a light color. Grade B maple syrup is harvested later in the season. It is darker in color and has a stronger maple flavor. Maple syrup can be used for more than just pancakes! Add it to oatmeal or hot cocoa. Use it in baked goods as a substitute for sugar. Brush it on grilled meat for a sweet glaze.  			

Adult Breakfast \$3.00
Adult Lunch \$5.00
Please Click on Link Below for Nutrition Information on Daily Options:

Fresh Fruit Milk

Pay for meals online. Click on Link Below:



Harvest of the Month:

Beans, Legumes



Click on the image above for more info on the Harvest of the Month!

Please advise us if special meal accommodations are required for allergens or other special dietary needs.



WE ARE HIRING

Barnstable Public Schools is looking for reliable, hard working, Kitchen staff.

This is an ideal job for parents with children in the school system. Please contact Nancy Dias, 617-797-5754 to set up an interview.

This institution is an equal opportunity provider.



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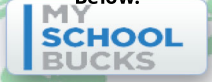
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